

BikeBath

3rd July 2016

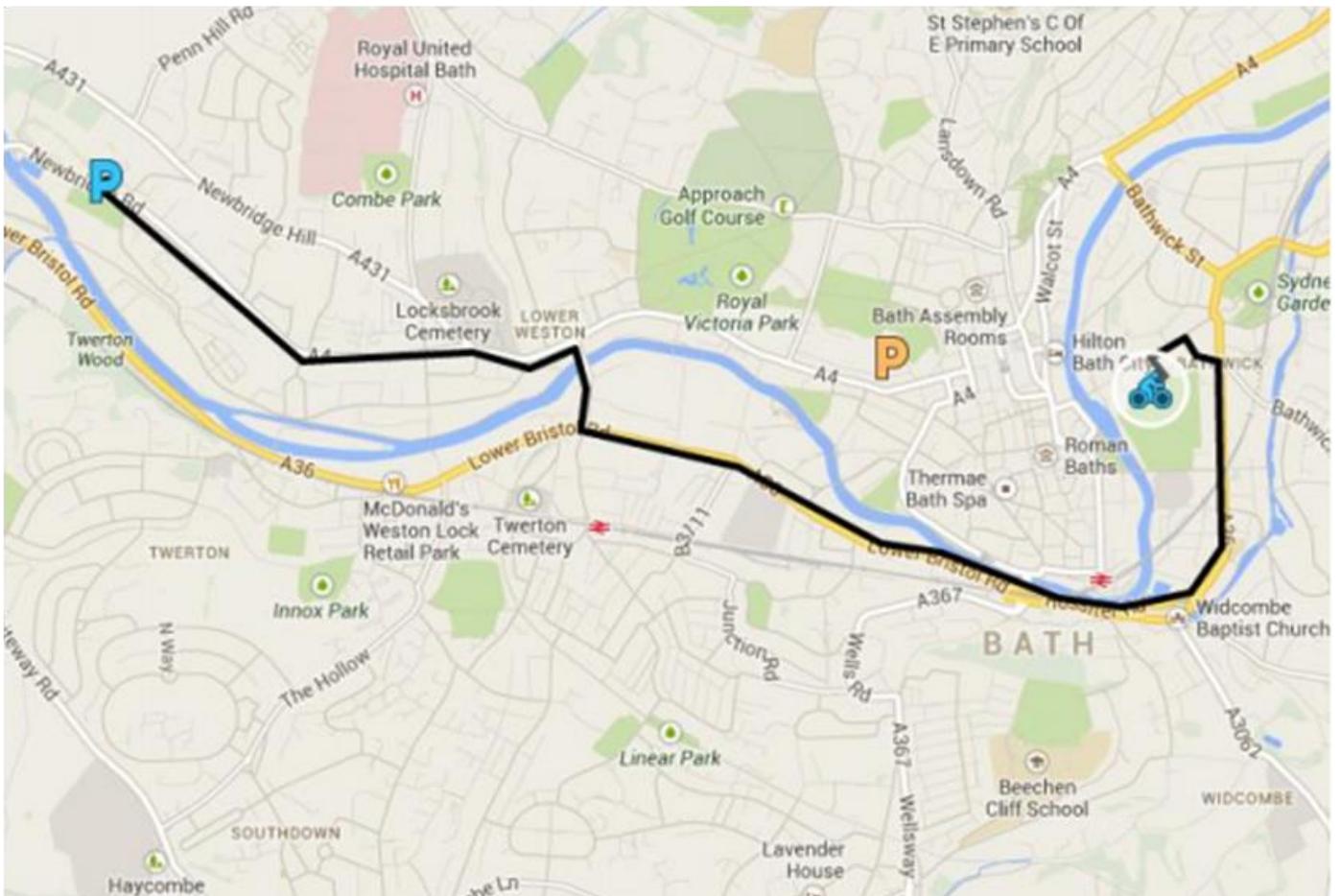


RIDER MANUAL 2016

VENUE INFORMATION

Start and Finish: **Bath Recreation Ground**
William Street
Bath
BA2 4DE

Parking: There is no parking at the venue. We recommend using the Park and Ride facility on Newbridge Road (3 flat miles from the venue). There is also a pay and display car park on Charlotte Street (marked with an orange P) that can be used.



Bike Bath

VENUE FACILITIES

The Recreation Ground is situated in the city centre of Bath with the following facilities available to our riders:

- Changing rooms
- Toilets
- Food and drink
- Secure Bike Parking
- Pre-ride mechanical support
- Water stations



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RIDER SIGN-ON

Sign-on will be open at the event marquee from 17:00 to 18:30 on Saturday and from 07:30 to 10:15 on Sunday for collection of:

- Timing chips - these need to be fixed to the left hand side of your helmets so please ensure you have them with you when signing in.
- Rider numbers - please attach to your handlebars with the supplied cable ties. Your numbers help us identify registered riders and is used by official photographers around the courses.



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RIDER SAFETY

Bike Bath is a British Cycling registered and insured event and is a non-competitive sportive not a race. As such all riders must comply with the following:

- Please obey the highway code at all times. You should not ride more than two abreast and should ride in single file on narrow roads or where conditions dictate. When passing fellow riders please do so safely.
- The wearing of hard shell helmets is compulsory. Riders will not be allowed to start the event without a helmet as this may invalidate the event insurance with British Cycling.
- All riders under the age of 18 must have submitted a consent form signed by their parent or guardian and all under 16's must be accompanied by a parent or guardian.
- It is your responsibility to ensure your bike is in a roadworthy condition. We will have a mechanic in the Event Village for last minute problems.



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RIDER EQUIPMENT

For those of you undertaking your first sportive here are some recommendations for items to bring with you:

- A form of ID;
- Money and/or a bank card;
- Your usual energy gels or bars - we have some of the best feed stations of any sportive but these will not be holding energy products;
- Mobile phone;
- Basic tools, pump and spare inner tubes;
- Spare clothing in case of wet weather.



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EVENT START

Once you have signed-in, attached your number to your bike and used the facilities, make your way to the start line where you will be given a safety briefing before being released in groups of 20.

The allotted start times for each route are:

80 mile route - 07:30 to 08:30

50 mile route - 08:30 to 09:30

25 mile route - 09:30 to 10:30

It is important you stick to these start windows as we use these to time the opening and closing feed stations and the sweep up of the course.

Your timing chip will be triggered as you cross the start/finish line.



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FACILITIES ON ROUTES

SIGNING

All of our routes are fully signed with white arrows on a red background as in the photo.



FEED STATIONS

You will find feed stations along the routes, with one on the 25 and 50 mile routes and two on the 80 mile route. Please only take what you need to leave enough for riders following on behind you.



MEDICAL COVER

There will be a paramedic team patrolling the courses to assist with any incidents. Should you require non-critical medical attention while riding use the numbers provided on the day to call the Event HQ and we will direct the team to you. If emergency medical attention is needed you should call 999 first and then inform Event HQ.



BROOM WAGON/COURSE CLEAR DOWN

All riders should return to the start/finish area by 16:00 and we will be clearing down the course and removing the signs in accordance with this timing.

TIMING

Your time will be recorded as you cross the finish line and will be available on-line instantaneously.

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TOILETS AND LITTERING

There are full facilities at all feed stations and the routes will also pass close to facilities in villages and towns on the way. Please be sensitive to residents and other road users if you are caught short along the way.

PHOTOGRAPHY

Official event photos will be available in the week following the event from www.sportivephoto.com.

MEDALS

When you return to the Event Village make sure you collect your medals from us and then join your fellow riders to compare experiences over a plate of something hot and a glass of something refreshing.



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